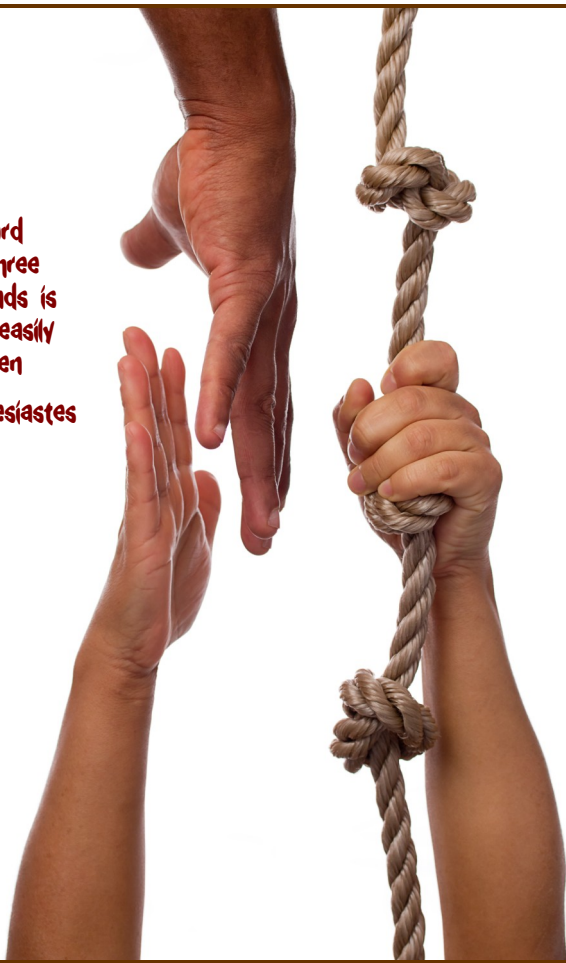


a cord  
of three  
strands is  
not easily  
broken  
Ecclesiastes  
4:12



Do you need a hand in your single parenting?  
**Then grab the rope!**

## **ROPE...REAL ONE PARENT ENCOURAGEMENT**

We are here to provide single parents (mothers & fathers) with an environment that leads to meaningful, growth-oriented connections and Biblical truth.

On the 2nd & 4th Tuesday of each month [Sept 9th - May 26th], we'll meet in Regan Hall at St. Blaise, starting at 5:45pm for dinner, followed by that evening's program until 7:30pm.

Childcare can be provided ONLY if you pre-register. There is NO charge for this program.

Sponsored by  **the center** [www.facebook.com/  
TheCenter.FourMile](http://www.facebook.com/TheCenter.FourMile)

## **ROPE...REAL ONE PARENT ENCOURAGEMENT**

### Topics:

September 9 & 23: community connectedness  
October 14 & 28: time management/organizational skills  
November 11 & 25 & December 9: gratefulness, weariness & stress  
January 13 & 27: identity  
February 10 & 24: yoking/ godly relationships  
March 10 & 24: healthy boundaries  
April 14 & 28: discipline & consequences  
May 12 & 26: treasure/gospel  
Over summer break we'll have a picnic, date TBA

Register by contacting Jen Miller: [jen@fourmile.org](mailto:jen@fourmile.org) / 724-396-6177