

Student Retreat Covenant

I'm excited about the ROCK retreat. I want to get to know other kids, understand God and myself better, grow spiritually and have fun.

During this retreat, I agree to do the following:

- Treat other kids & adults with respect- not laughing at ideas or answers. This produces an accepting group, which in turn, gives me the freedom to be myself and express my feelings and ideas without fear of ridicule.
- Leave all I-pods, video games, and other technology at home. If I bring a cell phone, I will not text or call friends, but will keep it for emergency use only. This allows me more time to talk to other people and God.
- Attend and participate in all Bible study, worship and organized recreation sessions. This gives me the opportunity to understand God & grow my relationship with Him.
- Bring no people-destroying or property destroying items. If caught with these I understand they will be confiscated and I'll call my parents to tell them about the incident. I may be asked to leave the retreat and return home.
- Enjoy myself. This includes seeing the good in people and activities, getting to know others and God, and noticing the beauty of God's handiwork. It also includes having a positive attitude, refraining from pouting and complaining, and talking out problems rather than letting them ruin my weekend.
- Ask any questions I have, realizing that if it's important enough to wonder or think about, it's important enough to ask about.

Student signature _____

I've read and understand this covenant. I'll encourage my child to keep the covenant. Though I anticipate no problems, I'll be available and ready to come and get my child should the need arise.

Parent signature _____



Faith Ranch Parental Consent Form

Name of participant _____

Birth date _____

Phone # _____

Address _____

Parents' name & phone number _____

To whom it may concern:

The undersigned does hereby give permission for our (my) child, _____, to attend and participate in activities sponsored by ROCK- 4 Mile Church on May 13-14, 2017.

We (I) authorize an adult, in whose care the minor has been entrusted, to consent to any X-ray examination, anesthetic, medical, surgical or dental diagnosis or treatment, and hospital care, to be rendered to the minor under the general or special supervision and on the advice of any physician or dentist licensed under the provisions of the Medical Practice Act on the medical staff of a licensed hospital, whether such diagnosis or treatment is rendered at the office of said physician or at said hospital.

The undersigned shall be liable and agree(s) to pay all costs and expenses incurred in connection with such medical and dental services rendered to the aforementioned child pursuant to this authorization.

Should it be necessary for our (my) child to return home due to medical reasons or otherwise, the undersigned shall assume all transportation responsibilities and costs.

The undersigned does also hereby give permission for our (my) child to ride in any vehicle designated by the adult in whose care the minor has been entrusted while attending and participating in activities sponsored by Four Mile Church.

Hospital insurance Yes No

Insurance Company _____

Policy Number _____

Emergency Contact and phone # _____

Any allergies, medications, special needs _____

Parent signature _____ date _____

**signature indicates you have read & agreed to the above terms and rules for the retreat and that all of the contact information is valid.

ROCK RETREAT: FAITH RANCH

What to Bring:

- sleeping bag & pillow
- towel
- toiletries (toothbrush, toothpaste...)
- Bible
- pen/pencil
- cash or check for \$85 made out to Four Mile (due May 3)
(please let me know if you need financial assistance)
- flashlight
- any card game or board game you'd like to share
- rain gear (just in case- but let's pray it doesn't!)
- old clothes & comfy shoes (you must have closed-toe shoes for horseback riding)
- signed "Student Covenant", consent form & riding form
- a snack to share (cookies, chips...)

Meet at 4 Mile at 8:30am on Saturday May 13 & return by 11:30am on Sunday, May 14

What's included:

- transportation
- all-you-can-eat lunch and dinner Saturday and "chuck-wagon" breakfast on Sunday
- horseback riding
- hayride & barn games
- games, Gaga ball, petting animals, bonfire.....
- time to have fun & fellowship with friends and God!

Other information:

- Faith Ranch is operated by an amazing Christian staff
- Address: Box 355 Jewett OH 43986
- Phone # of ranch- 740/946-2255
- Cell phone # of Jen 724/396-6177 & Cory 724/544-6784
- Website for more information: faithranch.org



Tentative Schedule:

(please know this is subject to change a bit by the discretion of the Ranch staff):

Saturday, May 13

8:30-8:45am	arrive @ 4 Mile, load vans
8:45-10:00am	drive & arrive at Faith Ranch
10:00-11:00am	check-in, unpack, rules Group game
11:00-noon	lunch
Noon-1:00pm	ranch activity
1:00-2:30pm	Message & group discussion
2:30-4:00pm	horseback riding
4:00-5:00pm	ranch activity/free time
5:00-6:00pm	ranch activity
6:00-7:00pm	dinner
7:00-8:00pm	ranch activity (hayride)
8:00-8:45pm	message & group discussion
8:45-9:45pm	group activity
9:45- 11:30pm	free time/games
11:30pm	bedtime!

Sunday, May 14

7:30-8:00am	wake, dress
8:00-9:00am	chuck wagon breakfast & Cowboy Church
9:00am-10:00am	pack up & clean up/free time
10:00am	depart Faith Ranch
11:30am	arrive at Four Mile

Retreat Rules:

1. Take care of growth= play hard & learn hard by participating in all activities
2. Take care of people= express respect for each person. No put-downs or criticism allowed!
3. Take care of property= no vandalism or destruction- including raiding others possessions. No girls in the guys rooms or guys in the girls rooms
4. Take care of yourself= be where you are supposed to be- no wandering off alone!
Give your whole self to having fun and growing close to the group & especially to God this weekend

“The answer is, if you eat or drink, or if you do anything, do it all for the glory of God. Never do anything that might hurt others...try to please everybody in every way...”

1 Corinthians 10:31-32